

SUMMER HOUSE THERAPIES



I'M ELAINE, AND I'VE BEEN A BEAUTY
THERAPIST FOR OVER 30 YEARS

THROUGHOUT THE UNUSUAL CLIMATE, I COULD
NOT WAIT TO GET BACK TO HANDS-ON THERAPY.

WHAT A BETTER PLACE TO START A SAFE RETURN
THAN THE BEAUTIFUL LAKE AT MILL MEADOW.

FRESH AIR, BIRD SONG, THE SOUND OF WATER,
AND BEAUTIFUL PRODUCTS AND OILS

THERAPY MENU

FULL BACK MASSAGE

DIAGNOSIS OF TENSION // DE-STRESS // LYMPHATIC DRAINAGE

FULL BACK MASSAGE INCLUDING NECK AND TOP OF ARMS. CHOICE OF MASSAGE OILS

30 MIN - £25

60 MIN - £40

INDIAN HEAD MASSAGE

TENSION RELASING // STIMULATES CIRCULATION // ENERGY GIVING

TREATMENT UNDERTAKEN FULLY CLOTHED. INCLUDES NECK AND TOP OF ARMS

40 MIN - £25

SEATED SHOULDER AND NECK MASSAGE

DE-STRESSING // RELAXING

TREATMENT UNDERTAKEN FULLY CLOTHED

30 MIN - £20

LEG MASSAGE

DE-STRESS // AIDS CIRCULATION // LYMPHATIC DRAINAGE

CHOICE OF AROMATHERAPY OILS

40 MIN - £30

FOOT AND ANKLE MASSAGE

RELAXING // HELPS MOBILITY // AIDS GOOD CIRCULATION

30 MIN - £25

REFLEXOLOGY

BALANCING // RESTORES ENERGY FLOW

WORKING THE WHOLE BODY THROUGH THE FEET

60 MIN - £30

PEDICURE - FOOT CARE

CUT // FILE // CUTICLES // HARD-SKIN REMOVAL

30 MIN - £20

PEDICURE - FOOT PAMPER

CUT // FILE // FOOT - MASK // MASSAGE

30 MIN - £20

LUXURY PEDICURE WITH VARNISH

LUXURY TREATMENT TO IMPROVE THE FEEL AND LOOK OF FEET.

MAVALA PROFESSIONAL PRODUCTS AND VARNISH USED

60 MIN - £35

AVAILABILITY

I WILL USUALLY BE WORKING AT MILL MEADOW ON MONDAYS,
UNLESS ARRANGED OTHERWISE

BOOKING

TREATMENTS MUST BE BOOKED AND PAID FOR 24 HOURS IN
ADVANCE

100% REFUND IF ELAINE CANCELS DUE TO BAD WEATHER ETC.

50% REFUND IF GUEST CANCELS

CONTACT

EMAIL OR TEXT TO BOOK A TREATMENT, OR WITH ANY QUESTIONS
OR QUERIES

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TERMS & CONDITIONS

I AM FULLY INSURED AND FOLLOWING THE LATEST CORONAVIRUS
GOVERNMENT GUIDLINES ON BEAUTY THERAPY TREATMENTS.

YOUR WELLBEING IS MY BUSINESS.